

THE PHOENIX'S FLIGHT

Rising from the Ashes





■ Connect with the strength
of this place to awaken your own!

7-11 MAY 2026

Phlegraean Peninsula, Naples, Italy
Ecopsychology Summer School and Retreat

A collaboration of IES ■
representatives of Italy and Greece

THE PLACE





THE PHLEGRAEAN PENINSULA: NATURE AND LOCATION

The Phlegraean Peninsula (**Campi Flegrei**) is a volcanic caldera west of **Naples, Southern Italy**. Its name, meaning "fiery," reflects the raw geology of this unique landscape. The area is a stunning geological mosaic of numerous **volcanic craters**, many now filled with water. This active environment makes the natural world the immediate focus, providing a direct, powerful connection to the earth's processes and history.



CRATERS, WELLNESS AND BIODIVERSITY

Nature and myth intertwine here, notably at **Lake Averno**, a crater lake famed as the ancient "Entrance to the Underworld," near the **Temple of Apollo** ruins. Conservation is key at the **Astroni Oasis** (WWF protected), which showcases rich local biodiversity. Furthermore, the region's geothermal activity is utilized at the therapeutic **Stufe di Nerone (Thermal Baths)**, highlighting the long tradition of wellness derived directly from the earth's powerful heat.



HISTORY, ARCHITECTURE AND THE VIEW

History is everywhere, even underwater, due to bradyseism. Above the sea stands the majestic **Aragonese Castle of Baia**, housing a museum focusing on the Greek era. This history culminates in the breathtaking views from **Monte Procida**, famous for the panorama dubbed "**Stupor Mundi**" (Astonishment of the World). This vantage point provides an unforgettable view uniting the sea, volcanic hills, and ancient architecture.



The Phoenix's Flight

Welcome to a place where Ecopsychology finds its most powerful living metaphor: a landscape shaped by the interplay of fire and water for 40,000 years. North of Naples, where the rugged coastline and craters tell the story of ancient eruptions and the Earth's breath, we will discover how nature is a master teacher in the art of resilience.

This land is our Phoenix, which has risen and reinvented itself for thousands of years. It's not just a geological wonder, but a unique historical record. From the Osci and Greeks (who founded Cuma) to the Romans, Byzantines, Normans, and Bourbons: the whole of European history has left its mark here. Every civilization had to adapt and rise again, creating unique cultural and architectural mixes.



Turning "Earthquakes" into Wisdom

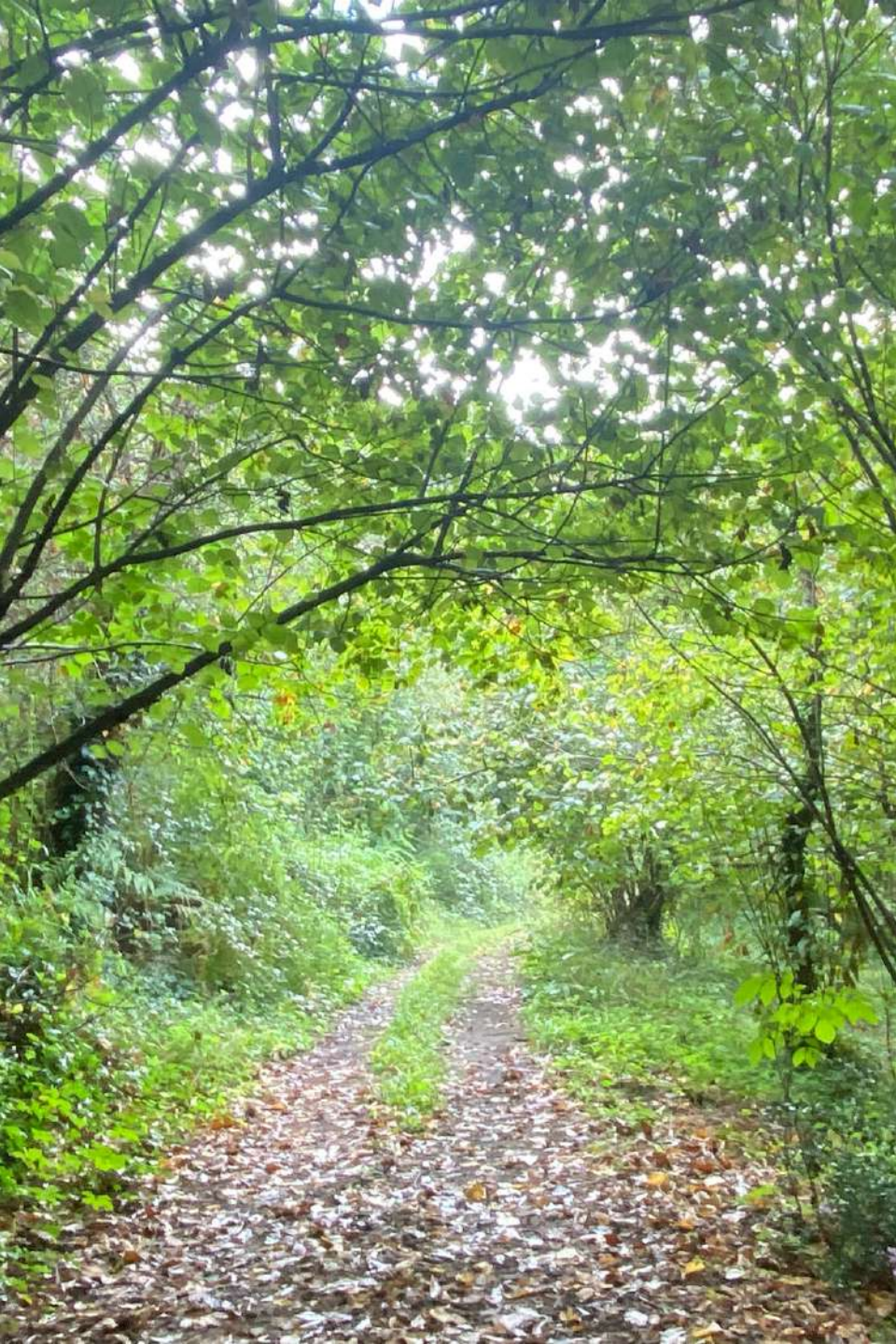
This landscape, which has managed to reinvent itself with every geological and political change, offers inspiration to rethink our own lives.

Our life is a sequence of "eruptions," "invasions," and "earthquakes" that demand an internal response and need different skills:

- **Resilience:** Knowing how to turn danger into opportunity.
- **Lateral Thinking:** Seeing difficulty as a challenge.
- **Active Hope:** Welcoming change as a possibility.

Through a reflective process that looks at our past experiences, we will learn to give a new meaning and a wider sense to every traumatic event. We will discover the richness and wisdom that every change has left us.





A personal growth workshop

- The path of personal growth will unfold through some of the classic practices of ecopsychology that accompany us to concentrate more deeply with the Nature outside of us, as an opportunity to encounter our own inner nature, often suffocated by the organizational needs of everyday life, as well as the wild nature often suffers from the interference of the urban dimension.
- Immersed in the beauty of these dramatic views, through the tools of Ecopsychology and introspective practices, we will learn to rewrite our personal story in harmony with the laws of Nature. Accepting change (as Roberto Assagioli suggested: "collaborate with the inevitable") will strengthen our ability to give meaning to events and co-create their evolution.
- Centering, ecological relationships, ecomindfulness, immersions in a dialogue between nature and culture, inspired writing, open-hearted sharing, are some of the proposals part of this program which allows to live firsthand the working style of ecopsychology and the peculiar approach of IES Schools.



PROGRAM





THURSDAY, MAY 7TH

4:00 PM

Arrival at Tenuta Calidarius

4:30 PM

Welcome Circle – Presentation –
History of the Area and Venue

8:00 PM

Dinner at Tenuta Calidarius



FRIDAY, MAY 8TH

8:00 AM

Breakfast

9:00 AM

Transfer to Lake Averno

9:30 AM

Activity Around the Lake

12:30 PM

Lunch at Giardini dell'Orco

3:30 PM

Walk to Terme di Nerone (SPA)

7:00 PM

Transfer to Tenuta Calidarius

8:00 PM

Dinner





Lago di Averno

SATURDAY, MAY 9TH

8:00 AM

Breakfast

9:00 AM

Transfer to the Cratere
degli Astroni (WWF Oasis)



10:00 AM

Activity in the Crater (Lago Grande,
The Tree of Poems, The Old Oak,
The Theatre, The Megaphone)

12:30 PM

Picnic Lunch in the Oasis



5:30 PM

Transfer to the Viewpoint

6:00 PM

Viewpoint "Stupor Mundi"
(The Astonishment of the World)

7:00 PM

Transfer to Tenuta Calidarius

8:00 PM

Dinner





The theatre



SUNDAY, MAY 10TH

8:00 AM

Breakfast

9:00 AM

Activity in the Calidarius Wilderness Area

12:30 PM

Light Lunch at Tenuta Calidarius

3:00 PM

Walk to the Aragonese Castle of Baia,
including a museum focused on the
Greek era.

6:00 PM

Walk back to Tenuta Calidarius

7:30 PM

Transfer to Pozzuoli for
a real Neapolitan Pizza.



MONDAY, MAY 11TH

8:00 AM

Breakfast

9:00 AM

Activity in the Calidarius
Living Room

12:00 PM

Final Circle

12:30 PM

Lunch at Tenuta Calidarius

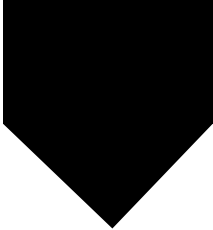
4:00 PM

Departures





Walk to the Castle



TRANSFERS ARRIVAL AND DEPARTURE)

- **Naples Airport /
Central Station (NAP/SC) ⇄
Tenuta Calidarius:**
 - € 80 (for 4 people)
 - € 100 (for 8 people)
- **Pozzuoli Railway Station ⇄
Tenuta Calidarius:**
 - € 30 (for 4 people)
 - € 50 (for 8 people)



COURSE FEE

- **Training event and administration Fee: € 620.**
- **Early Bird Rate (Register by April 20th): € 520.**



ACCOMMODATION & LOCAL SERVICES

We will be staying at **Tenuta Calidarius**, a truly unique location built entirely within a young crater that emerged just 4,000 years ago, offering an unparalleled geological and ecological experience.

Additional costs not included in the course - administration fee:

Full board (meals), **shared room accommodation**, entrance fees (Thermal Baths, Astroni Oasis, Castle), and **local transportation** during the seminar (arrival and departure transfers excluded).

- **Cost Estimate: € 400
€ 500 (double room).**
- **Payment Method Note:** A portion of this amount **must be paid in cash** upon arrival.



CONDUCTING LANGUAGE : Formal language will be easy english, greek and italian translations will eventually be provided
Limited number of participants

COORD *INATORS*



ECOPSYCHOLOGY
HELLENIC ECOPSYCHOLOGY SOCIETY



INTERNATIONAL ECOPSYCHOLOGIST SOCIETY



ecopsiché
ΕΛΛΗΝΙΚΗ ΕΚΟΨΥΧΟΛΟΓΙΑ



MARCELLA DANON

Psychologist • Trainer • Journalist

Marcella Danon introduced Ecopsychology in Italy and teaches at the University of Valle d'Aosta. With an M.A. in Humanistic and Transpersonal Psychology, she trained with a direct student of Roberto Assagioli and has continued her development through seminars in California, Holland and Spain with Fritjof Capra, Joanna Macy, Molly Young Brown and Anna Halprin.

She co-founded the International Ecopsychology Society (IES) in 2006, served as its president for four years and has been a board member for 17 years.

Since 2004, she directs Ecopsiché – Italian School of Ecopsychology, offering training for professionals across Italy. She has worked for 14 years in organizational development (inner leadership & ecological relationships), promotes Green Prescriptions, and is the author of more than 10 books and numerous academic publications.



KLEIO APOSTOLAKI

Psychologist • Psychotherapist •
Ecopsychology Educator • PADI Dive Instructor

Kleio Apostolaki studied Psychology and Clinical Psychology at the University of Kent (UK) and completed an M.Sc. in Mental Health at King's College London. She further trained in Short-Term Anxiety Provoking Psychotherapy (STAPP), family counseling and psychometric assessment.

She holds a Diploma in Ecopsychology from the University of Strathclyde (Glasgow), with additional training in Dolphin Assisted Therapy (DolphinSwim Institute, Austria – with Sigmund Freud University, Vienna) and Trauma Therapy (Institute for Coping with Trauma, Germany). She is also a certified Adult Educator (EOPPEP) and PADI Dive Instructor.

Kleio has worked at Guy's Hospital in London and has maintained private practice in Greece since 2002. She has lectured in international conferences, written for magazines and newspapers and has appeared in media as an invited expert.

A long-standing member of the International Ecopsychology Society (IES), she served on the Board for 20 years, including as President (2016–2019), and is the official IES representative in Greece, coordinating the Ecotuning Training Program.

THE CONNECTION



ECOPSYCHOLOGY
HELLENIC ECOPSYCHOLOGY SOCIETY



- Marcella and Kleio are representatives of International Ecopsychology Society (IES), in Italy and Greece respectively. In 2006 in the first conference in Italy, Valley d'Aosta has been the place where Kleio Apostolaki from Greece entered the group and became the one of the two representatives who joined the new created family of Ecopsychology. European Ecopsychology Society – later IES – has been founded in 2005 in Neuchâtel, Switzerland, by a group of psychologists and counselors, after a first informal meeting in Perego (Lc) Italy, with Jorge Conesa Sevilla, and the Italian group of the Scuola di Ecopsicologia, directed by Marcella Danon. Since then, Marcella and Kleio developed a close connection and friendship over time and in 2017 they decided to begin a cooperation between Greece and Italy, as an every year event hosted once in Italy and once in Greece in very special and sacred places. As a consequence of this decision an International Summer school of Ecopsychology in Italian Alps has been organized with the theme “The Art of Ecotuning” between the two Schools. Then a second event in Sicily “Awakening our Soul, awakening our inner Fire” at the foot of volcano Etna in 2022 and a third one, “Rising from our primal roots” in a special place in Greece, Gavdos, in the most southern part of Europe.
- After these very successful and inspiring events, this year is the turn of Italy to host the fourth cooperation, in Naples, inviting people from all over the world to become part of this powerful and enlightening partnership.





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